

# 2025 Annual Open Enrollment



## What's Changing?

### State Health Benefit Plan Updates



- Premiums will increase for all medical plan options in 2025, with a weighted average increase of 6%, depending on the selected Plan Option and Tier.
  - For Employee Only coverage, the average monthly increase is \$5.83.
  - For Family coverage, the average monthly increase is \$22.74.
- There are no changes to medical plan benefits or coverage options.

### Voluntary Plan Updates for 2025

- Dental, Short Term Disability, and Long Term Disability will have a premium decrease for 2025, with no plan or benefit changes.
- No changes to vision, Flexible Spending Accounts (FSA), life and AD&D insurance, Critical Illness, accident, group legal or identity theft plans.

### Need In-Person Help with Your Enrollment?

On-site representatives will be available during Open Enrollment. Please see the complete schedule below.

#### Wednesday, October 16

7 am - 11 am Valdosta High School  
12 pm - 5 pm Valdosta Middle School

#### Monday, October 21

7 am - 11am J.L. Newbern Middle School  
12 pm - 5pm J.L. Lomax Elementary School

#### Tuesday, October 29

7 am - 11 am Pinevale Elementary School  
12 pm - 5pm Valdosta Performing Arts Center

## 2025 Annual Open Enrollment

October 15-November 8

**An active election is strongly encouraged.**

If you do not make an active election, your current benefits will continue to next year.

**Exception - FSA Plan - annual election is required for FSA**



**benefits  
service center**

### Questions?

Contact the Valdosta City Schools Benefits Service Center at **(877) 333-8500**.

Mon - Thurs: 8am to 6pm  
Fri: 8am to 5 pm

**Complete Open Enrollment information is located at [www.gocatsbenefits.org](http://www.gocatsbenefits.org)**